



Form Instructions – 16U/19U Play Time Monitoring Form



Purpose:

Area 1F Rules and Regulations require monitored substitution in the 16U & 19U Divisions will be allowed monitored substitution. Monitored Substitution Forms for each team must be filled out during each game and turned in with the Game Cards at the end of the match. All players must have the opportunity to play a minimum of half of the game. Monitored substitution will be supervised by Area staff.

Substitution monitoring forms are available on the Area website as well as on site. This form is used by the time monitor to track playing time. Prior to the game, each coach fills out the information for their own respective team, and then presents the form to the time monitor. The time monitor then keeps track of each player and ensures they play at least half of the game.

Entry Instructions:

Team Identification Information	Each coach fills out the top of the time card with the information to properly identify his/her team.
Player Identification Information	Each coach lists the players First and Last Name in Jersey number order.
Player Time Monitoring	The Time Monitor carefully keeps track as each player comes in and out of the game by making an "X" in the box next to each player when they are not on the field. The Time Monitor keeps track at 5-minute intervals during the game. If a player is substituted during the 5-minute interval, the Time Monitor puts an "X" in the box of the players who were not on the field at the start of the 5-minute interval.
Total	At the end of the game, the Time Monitor counts all the "X"s for each player and enters the total in the Total column.
Signature	The Time Monitor prints his/her name at the bottom of the time card, then signs to confirm that they have performed the time monitoring duties. The time monitor then turns in the time card to the designated tournament official at the conclusion of the game.
Notes:	The Time Monitor must be someone not a team official (Coach or Assistant Coach). During the game, the Time Monitor will keep the coach apprised of any players who are in jeopardy of not receiving their minimum 50% playing time, giving the coach a chance to correct it during the game. The goal is to help the coach make sure each player gets at least 50% playing time. If this is a medal-round game, the Time Monitor stops recording at the end of regulation time.